

Volume 3

# BRUSH & ROLLER

A STEP-BY-STEP GUIDE

DO IT YOURSELF SERIES



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# Cloverdale Paint

# DO IT YOURSELF SERIES

## STEP-BY-STEP GUIDES

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# BRUSH & ROLLER

## A STEP-BY-STEP GUIDE

### Brush Anatomy:

#### Handles:

Quality brush handles are made from Alderwood, a light solid hardwood, that provides a durable, light, and maneuverable handle. An unfinished handle is best as it will offer the user a sure-handed feel.

#### Ferrules:

Is the metal band around the paint handle. Two common materials for ferrules are stainless steel and copper as these are rust resistant.

Ferrules can be round edged or square edged. The advantages of a round edged ferrule is that it will hold more paint and provide you with more painting time and less time dipping.

Epoxy is used to set the filaments in the ferrule to help eliminate filaments falling out during painting.

### Brushing

Use a brush to “cut in” corners and edges and for small paint jobs where it is inefficient to use a roller.



### Before You Start

1. Make sure the surface is clean and all holes are filled and sanded.
2. Protect areas with drop sheets.
3. Fan out bristles and check for flags or split ends.
4. Work bristles back and forth with your fingers to remove any loose bristles or dirt.
5. Read paint can label for special instructions.



### Using a Brush

1. Dip bristles only half way into the paint.
2. Tap gently on the inside of the can to release excess paint.
3. Hold the brush with your fingers on the brush body (flat part) to help steady your hand.
4. The brush should rest comfortably between the thumb and forefinger.



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### Brush Anatomy:

#### Plugs:

The plug is a small piece of alderwood used in the ferrule to hold the filament in place and to create a cavity or reservoir for the paint.

#### Filaments:

100% Chinese hog hair are designed for oil paints, varnishes and enamels. Hog hair is either black or white. The black hair has more stiffness than the white bristle. The white bristles would be used where a finer finish is required.

Synthetic filaments are designed for latex based products. The filaments are tapered and are "tipped" and "flagged" to duplicate a natural bristle brush.

### Applying Paint

1. Apply paint with the tips of the brush not the sides.
2. Always start with the top then work your way down.
3. Use short, slightly curved strokes.
4. Lightly go back over the area just painted to ensure a smooth finish.
5. Every so often tap the brush against an unpainted area to release accumulated paint.
6. Paint with steady even strokes lifting the brush gradually at the end of the stroke.
7. Avoid using the brush to stir the paint this may overload the brush.



### After Brushing

1. Clean tools immediately after use and do not allow the paint to dry or harden.
2. Use the correct thinner to clean the brush – soapy water for latex, mineral spirits for alkyd / oil. Check the back of the paint can for the appropriate thinner.
3. Thoroughly work out excess paint.
4. When brush is cleaned, rinse with hot soapy water. Comb out bristles and hang to dry. Avoid storing the brush on its bristle tips. Put it back in its original package.



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# BRUSH & ROLLER

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### Tips:

To remove fluff, dampen roller with water if using latex or water based paint, mineral spirits if using alkyd / oil based paint. Roll over a clean towel until dry.

Use a quality compression type roller frame or "bird cage." These frames are convenient to use as the covers can be removed quickly and easily.

Make sure the roller handle has a threaded end so that you can attach an extension pole for painting ceilings and other high reaching areas.

### Rolling

Use a roller to apply paint on any surface over 9 inches (22cm) wide where it is more efficient and convenient than brushing.

### Before you Start

1. Remove any fluff or dust from your roller.
2. Assemble the roller onto the roller frame.
3. Fill the paint tray one third full.
4. Roll into the paint and along the ribbed grid to spread paint evenly and remove surplus paint. If paint spills off the roller, it's overloaded.

### Applying Paint

1. Be sure to wear protective clothing and safety glasses.
2. Paint in the following order to avoid spattering on your work.  
**A.** Ceilings / Roof Trim **B.** Walls / Siding  
**C.** Doors **D.** Window Frames **E.** Trim
3. Cut in edges, corners and around doors or windows with a trim brush or edger. Paint one wall at a time so that you can blend in the paint with the roller while the paint is wet.
4. Start near but not at the top corner of the wall or ceiling and work an area about 3' x 3' (1 metre square).



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### Tips:

**Want to take a break? If you want to stop for an hour or so, dip the roller to cover it with paint without removing the excess paint. Leave it in the tray and cover it with a cloth to stall evaporation. Make sure the tray is away from direct sunlight.**

**When selecting the right roller cover, choose the correct pile or nap length for the surface that you are painting. A short pile is for smooth surfaces and a longer pile for textured surfaces.**

### Rolling

1. Roll slowly with an even tempo to avoid splatter and with increasing pressure to spread the load evenly.
2. Roll a big “W” pattern, first to distribute the paint evenly, then to smooth the paint.
3. The final stroke is a vertical rolling in one direction called “backrolling” to create a smooth even finish.
4. Reload roller and move to the next section.
5. Overlap the previous section by 2 – 3 inches (5 - 8 cm) to ensure even coverage, to avoid missing spots and to avoid overlapping marks.
6. For even coverage, paint an entire wall without stopping.

### Clean Up

1. Remove the roller from the frame immediately after use.
2. Rinse out all paint with water for latex / water based paint, mineral spirits for alkyd / oil based paint. Do not leave the roller sleeve in the water or solvent for an extended period of time.
3. Rinse one last time in hot soapy water and allow to dry.
4. Once dry, store upright in a plastic bag.
5. Clean the roller frame before storing.

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